

## NUTRITIONAL INFO

*TOTAL CALORIES*  
*TOTAL FAT(g)*  
*STATURATED FAT(g)*  
*TRANS FAT(g)*  
*CHOLESTEROL(mg)*  
*SODIUM(mg)*  
*TOTAL CARBOHYDRATES(g)*  
*FIBER(g)*  
*SUGARS(g)*  
*PROTEIN(g)*

### HOUSE SPECIALS

Green Onion Pancake (1)	410	27	5	0	0	360	37	2	0	6
Spicy Beef Sandwich (1)	320	10	2	0	25	720	38	3	3	17
Beef Sandwich (1)	320	10	2	0	25	1000	40	2	4	18
Spicy Beef Pancake Roll (1)	610	39	7	0	30	1250	40	3	2	23
Beef Pancake Roll (1)	600	38	7	0	30	1600	43	3	3	24
Pan Fried Chive Dumplings (3)	410	20	4	0	150	1200	78	0	2	14
Pan Fried Beef Pies (2)	450	31	8	0	50	4160	60	<1g	6	29
Chinese Crepe	680	28	6	0	380	1360	81	4	15	27
Braised Pig Ears	260	16	4	0	60	820	8	2	5	19
Five Spice Beef Shank	220	13	2.5	0	40	1450	5	0	2	22
Spicy Beef Shank	230	14	2.5	0	40	1100	3	<1g	2	22

### XIAO LONG BAO(SOUP DUMPLINGS)

Pork Xiao Long Bao (8)	330	12	3	0	50	780	37	0	4	20
Pork & Crab Meat Xiao Long Bao (8)	320	10	2.5	0	80	830	36	0	3	23
Chicken Xiao Long Bao (8)	310	10	2	0	75	820	36	0	3	20

### Q-BAO

Pan Fried Pork Buns (4)	510	21	5	0	40	730	61	3	7	18
Steam Pork Buns (4)	430	13	3.5	0	40	730	61	2	7	18

### DUMPLINGS

Pan Fried Vegetable Potstickers (6)	340	15	2	0	0	330	55	3	5	9
Pan Fried Chicken Potstickers (6)	380	19	3	0	55	770	36	<1g	2	18
Pan Fried Pork & Shrimp Potstickers (6)	430	22	5	0	95	680	40	0	1	18

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### DUMPLINGS

Pan Fried Beef Potstickers (6)	320	27	6	0	40	840	40	0	1	18
Boiled Pork & Shrimp Dumplings (6)	330	14	3	0	95	680	34	0	<1g	17
Steamed Shrimp & Zucchini Dumplings (6)	250	6	1	0	50	1160	37	<1g	4	13
Steamed Vegetable Dumplings (6)	240	6	1	0	0	330	49	3	4	9
Steamed Chicken Dumplings (6)	280	10	2	0	55	770	30	<1g	2	17
Steamed Beef Dumplings (6)	220	18	5	0	40	840	34	0	<1g	17
Steamed High Tail Shrimp & Pork Dumplings (6)	340	14	4	0	100	620	31	0	1	23

### WONTONS

Pan Fried Chicken & Vege Wontons w/ Chili Sauce (6)	390	17	3	0	40	1140	42	2	4	17
Pan Fried Chicken & Vege Wontons w/ Sweet and Spicy (6)	420	18	3	0	40	1140	49	2	12	16
Boiled Chicken & Vege Wontons in Chili Sauce (6)	440	22	3	0	40	1550	44	2	7	16
Boiled Chicken & Vege Wontons in Hot & Sour (6)	440	25	3.5	0	40	1520	37	2	2	16
Boiled Chicken & Vege Wontons in Chicken Soup	300	10	2	0	40	2150	37	2	2	17
Boiled Pork Wontons in Chili Sauce (6)	210	10	1.5	0	10	770	21	<1g	4	7
Boiled Pork Wontons in Hot & Sour (6)	290	20	2.5	0	10	1140	20	2	2	8
Boiled Pork Wontons in Chicken Soup	150	5	1	0	10	1770	20	<1g	1	8

### VEGETABLES

Sweet & Sour Cucumber	140	10	2	0	0	580	11	<1g	9	1
Broccoli w/ Seafood Sauce	110	3	0	0	0	820	19	5	9	5
Kale Salad w/ Sesame Dressing	360	25	3.5	0	0	870	21	9	8	13
Kale Salad w/ Sweet Spicy Garlic Dressing	140	3	0	0	0	590	27	9	16	5
Romaine Lettuce Salad w/ Sesame Dressing	290	21	3	0	0	850	16	5	8	9
Romaine Lettuce Salad w/ Sweet Spicy Garlic Dressing	100	1	0	0	0	580	22	5	16	12

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## NOODLES

Hot & Sour Glass Noodles	470	23	2.5	0	0	1620	58	6	5	9
Vegetarian Hot & Sour Glass Noodles	460	23	2.5	0	0	1160	56	6	5	8
Vegetarian Spicy Ma La Noodles	300	16	1	0	0	520	33	3	2	5
Minced Chicken Noodles	450	26	3.5	0	25	1230	40	3	5	13
Dan Dan Noodles	380	22	2	0	0	990	36	2	4	6
Green Onion Soy Sauce Noodles	200	6	1	0	0	500	31	1	2	5
Cold Noodles with Sesame Dressing	410	21	3	0	0	1060	41	3	7	12
Yibin Noodles	360	19	2.5	0	0	910	40	4	5	6
Spicy Ma La Noodles	340	20	3	0	<5mg	980	34	3	2	6
Beef-Stew Noodles	340	12	4	0	50	1330	37	1	6	20
Beef-Stew Noodle Soup	420	13	4	0	50	6070	45	3	10	32
Zha Jiang Mian	220	4	0	0	0	950	39	2	10	7

## RICE

Egg Fried Rice	570	29	5	0	205	1610	63	1	3	14
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## DESSERTS

Banana Naan Bread	490	17	7	0	30	160	78	3	23	8
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## BEVERAGES

Jasmine Tea	0	0	0	0	0	0	0	0	0	0
Oolong Tea	0	0	0	0	0	0	<1g	0	0	0
Chrysanthemum Tea	0	0	0	0	0	0	0	0	0	0
Milk Tea	210	4.5	4.5	0	0	60	39	0	29	0
Sour Plum Juice	210	0	0	0	0	20	50	0	49	0

