



NUTRITIONAL INFO	TOTAL CALORIES	TOTAL FAT(g)	SATURATED FAT(g)	TRANS FAT(g)	CHOLESTEROL(mg)	SODIUM(mg)	TOTAL CARBOHYDRATE(g)	FIBER(g)	SUGARS(g)	PROTEIN(g)
HOUSE SPECIALS										
Green Onion Pancake (1)	410	27	5	0	0	360	37	2	0	6
Spicy Beef Pancake Roll (1)	580	39	8	0	20	1040	42	2	9	17
Beef Pancake Roll (1)	580	36	7	0	15	1380	46	2	5	17
Pan Fried Chive Dumplings (3)	410	20	4	0	150	1200	78	0	2	14
Pan Fried Beef Pies (2)	450	31	8	0.5	50	4160	60	<1g	6	29
Five Spice Beef Shank	240	14	2.5	0	30	1480	9	0	5	18
Spicy Beef Shank	240	18	3	0	30	990	4	0	12	17
XIAO LONG BAO (SOUP DUMPLINGS)										
Pork Xiao Long Bao (8)	330	12	3	0	50	780	37	0	4	20
Pork & Crab Meat Xiao Long Bao (8)	320	10	2.5	0	80	830	36	0	3	23
Chicken Xiao Long Bao (8)	310	10	2	0	75	820	36	0	3	20
Pan Fried Chicken Xiao Long Bao (4)	190	6	6	0	35	420	23	<1g	2	11
Q-BAO										
Pan Fried Pork Buns (4)	510	21	5	0	35	730	61	3	7	18
Steamed Pork Buns (4)	440	13	3.5	0	35	730	61	2	7	18
DUMPLINGS										
Vegetable Potstickers (6)	340	15	2	0	0	330	55	3	5	9
Chicken Potstickers (6)	380	19	3	0	55	770	36	<1g	2	18
Pork & Shrimp Potstickers (6)	430	22	4.5	0	95	680	40	0	1	18
Beef Potstickers (6)	320	27	6	0	40	840	40	0	1	18
Pork & Shrimp Boiled Dumplings (6)	330	14	3	0	95	680	34	0	1	17
Shrimp & Zucchini Steamed Dumplings (6)	250	6	1	0	50	1160	37	<1g	4	13
Vegetable Steamed Dumplings (6)	240	6	1	0	0	330	49	3	4	9
Chicken Steamed Dumplings (6)	280	10	2	0	55	770	30	<1g	2	17
Beef Steamed Dumplings (6)	220	18	5	0	40	840	34	0	<1g	17
High Tail Shrimp & Pork Steamed Dumplings (6)	340	14	4	0	100	620	31	0	1	23
Pan Fried High Tail Shrimp & Pork Dumplings (4)	250	9	7	0	65	420	26	0	13	16
WONTONS										
Chicken & Vegetable Pan Fried Wontons with Chili Sauce (6)	390	17	3	0	40	1140	42	2	4	16
Chicken & Vegetable Pan Fried Wontons with Sweet & Spicy Garlic Sauce (6)	420	18	3	0	40	1140	49	2	12	16
Chicken & Vegetable Boiled Wontons in Chili Sauce (6)	440	22	3	0	40	1550	44	2	7	16
Chicken & Vegetable Boiled Wontons in Hot & Sour Sauce (6)	440	25	3.5	0	40	1520	37	2	2	16
Chicken & Vegetable Boiled Wontons in Chicken Soup (6)	310	10	2	0	40	2150	37	2	2	17
Pork Boiled Wontons in Chili Sauce (6)	210	10	1.5	0	10	770	21	<1g	4	7
Pork Boiled Wontons in Hot & Sour Sauce (6)	290	20	2.5	0	10	1140	20	2	2	8
Pork Boiled Wontons in Chicken Soup (6)	150	4.5	1.5	0	10	1770	20	<1g	1	8
RICE										
Soy Sauce Fried Rice	520	26	4.5	0	205	960	55	2	1	14
Signature Fried Rice	590	34	6	0	205	930	53	3	1	13
Minced Chicken Rice Bowl	370	17	2.5	0	25	830	44	1	6	10
VEGETABLES										
Sweet & Sour Cucumber	140	10	2	0	0	580	11	<1g	9	1
Broccoli with Seafood Sauce	110	3	0	0	0	820	19	5	9	5
Kale Salad with Sesame Dressing	360	25	3.5	0	0	870	21	9	8	13
Romaine Lettuce Salad with Sesame Dressing	290	21	3	0	0	860	16	5	8	9



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NOODLES										
Dan Dan Noodles	380	22	2	0	0	990	36	2	4	6
Green Onion Soy Sauce Noodles	200	6	1	0	0	500	31	1	2	5
Cold Noodles with Sesame Dressing	410	21	3	0	0	1060	41	3	7	12
Yibin Noodles	350	16	1.5	0	0	1440	48	3	10	6
Spicy Ma La Noodles	340	20	3	0	<5mg	980	34	3	2	6
Vegetarian Spicy Ma La Noodles	300	16	1	0	0	520	33	3	2	5
Hot & Sour Glass Noodles	470	23	2.5	0	0	1160	56	6	5	8
Minced Chicken Noodles	450	26	3.5	0	25	1230	40	3	5	13
Beef-Stew Noodles	340	12	4	0	50	1330	37	1	6	20
Beef-Stew Noodle Soup	420	13	4	0	55	6070	45	3	10	32
Zha Jiang Mian	220	3.5	0	0	0	950	39	2	10	7
DESSERTS										
Banana Crepe w/ Whipped Cream (1)	490	17	7	0	30	160	78	3	23	8
BEVERAGES										
Jasmine Tea	0	0	0	0	0	0	0	0	0	0
Oolong Tea	0	0	0	0	0	0	<1g	0	0	0
Chrysanthemum Tea	0	0	0	0	0	0	0	0	0	0
Milk Tea	210	4.5	4.5	0	0	60	39	0	29	0
Thai Milk Tea	200	4.5	3	0	25	35	55	7	48	2
Passion Fruit Green Tea	190	0	0	0	0	50	48	0	47	0
Ube Milk Tea	320	12	12	0	0	105	51	0	39	2
Strawberry Lemon Jasmine Tea	160	0	0	0	0	20	40	0	37	0
Brown Sugar Crystal Boba	15	0	0	0	0	2	3	0	2	0
Coke	140	0	0	0	0	45	39	0	39	0
Diet Coke / Coke Zero	0	0	0	0	0	40	0	0	0	0
Sprite	140	0	0	0	0	65	38	0	38	0
Fanta Orange	160	0	0	0	0	45	44	0	44	0
Minute Maid Lemonade	100	0	0	0	0	35	29	0	27	0
Pepsi	150	0	0	0	0	30	41	0	41	0
Pepsi Zero	0	0	0	0	0	40	0	0	0	0
Mug Root Beer	160	0	0	0	0	65	43	0	43	0
Starry	150	0	0	0	0	35	39	0	39	0
Manzanita Sol	120	0	0	0	0	50	33	0	33	0
Dr Pepper	150	0	0	0	0	55	40	0	39	0
S. Pellegrino	0	0	0	0	0	15	0	0	0	0
Poppi Raspberry Rose	30	0	0	0	0	0	9	3	5	0
Poppi Orange Cream	30	0	0	0	0	0	9	3	5	0

Nutrition Information Disclaimer

Nutrition information is based on standard recipes and serving sizes and is provided for general informational purposes. Actual nutritional content may vary due to ingredient, portion, and preparation variations. If you have questions about ingredients or food allergies, please refer to our Allergen Guide and speak with a team member.

A 2,000-calorie-a-day diet is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.